

#### PREPARING FOR YOUR EXAM

Please bring your orders, insurance, and identification. Please wear comfortable clothing <u>without</u> any metal.

### MAGNETIC RESONANCE EXAMS (MRI)

Each exam is 30-60 minutes depending on exam.

 No special preparation is necessary. No facial or eye make-up be worn. <u>DO NOT</u> wear any metal objects. Comfortable clothing is recommended.

## **COMPUTED TOMOGRAPHY (CT)**

Clear liquids are allowed, and all prescribed medications should be taken as usual. In addition:

- Head—No solid food for 4 hours prior to exam.
- Abdomen/Pelvis—Call for instructions. You may need to arrive 1 hr 45 mins prior to exam time. No solid food or liquids 8 hours prior to exam, only water.
- CT Angiography—Well hydrated the day before exam.
  Fasting 4 hours prior to exam.
- Myelogram—No food or drink 4 hours prior to exam.

#### CARDIAC CTA

- No Caffeine or Energy supplements 24 hours prior to exam.
- No Viagra/Cialis/Levitra or other medications to treat erectile dysfunction 48 hours prior to exam.
- No food 4 hours prior to exam.
- No liquids 1 hour prior to exam.
- DO NOT suspend any cardiac medication.
- Patient should arrive at 1426 George Dieter <u>2 hours prior</u> to exam, unless medication picked up the day before the exam. –If so, patient must arrive 1 hour prior to exam.

# Central: 6065 Montana Ave, Ste A-6



#### **MAMMOGRAPHY (MG)**

<u>DO NOT</u> wear antiperspirant, talcum powder, perfume, or lotion under your arms on the day of the exam. Bring prior Mammograms if possible, or have the facility's name, address and telephone number available.

### **ULTRASOUND (US)**

#### ABDOMINAL, LIVER, GB, PANCREAS

-Fasting for 6 hours after a light meal, prior to exam.

#### PELVIS, PROSTATE, OB, BLADDER, RENAL

-Drink 32oz./2 bottles of water 30 minutes prior to exam. <u>DO NOT</u> empty your bladder, as a full bladder is necessary for these exams.

### **BONE DENSITOMETRY (BD)**

Please <u>DO NOT</u> take calcium pill the day of the exam.

#### PLAIN FILM RADIOGRAPHY (X-RAY)

No special prep needed.

# East: 1426 George Dieter Dr

